

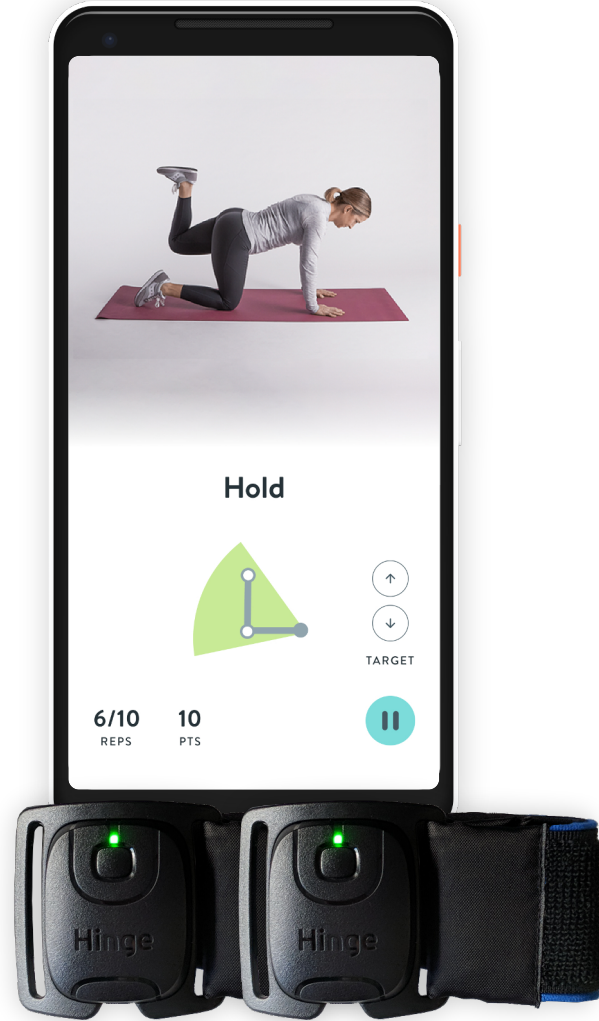


# Conquer back and joint pain without drugs or surgery

You and your eligible family members get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, neck, and other pain**, which may include:

- Wearable sensors for live feedback in the app
- Support from a personalized care team, such as physical therapists and health coaches
- Personalized exercise therapy

**Over 300,000** members have joined our programs so far, and cut their pain by nearly 70%!



Find out if Hinge Health is the right fit for you:

Scan the QR code with a mobile device



OR

[hingehealth.com/STATEOFMAINE/OE](https://hingehealth.com/STATEOFMAINE/OE)

\*Source: Hinge Health 2017-2019 Outcomes Analysis  
Employees and dependents 18+ enrolled in a State of Maine medical plan through Anthem are eligible  
Questions? Call (855) 902-2777.